

Old Dalby Church of England Primary School



Relationships and Sex Education Policy

Let us be concerned for one another, to help one another to show love and
to do good.

Hebrews 10:24

Last reviewed:	June 2026
Next review due:	June 2028

Our Vision

Kind hearts. Open minds. Courageous spirits.

Together, we will explore life in all its fullness.

This is a promise that we, as a whole school, will educate children to be accepting, thoughtful and courageous. Our pupils will show kindness and love to everyone around them, our pupils will understand, accept and celebrate diversity, they will recognise injustices and speak up when they see them.

This will be achieved through a curriculum based on a skills progression of our eight Christian values. We will ensure that the pupils build the skills to live our values. Our curriculum will provide knowledge of historical and current events to provide our children with context and understanding of the values. Children will learn to challenge what they see as an injustice and seek to right this. They will be ambitious, have the courage of their convictions and be empathetic to others. Through working closely with the local community and church, we will provide a warm, nurturing environment to foster ambition, curiosity, spirituality and love.

1. Aims

The aims of our Relationship and Sex Education (RSE) Policy are to:

- provide a safe and inclusive environment
- promote respect and positive relationships
- prepare pupils for puberty
- develop resilience
- support safeguarding

2. Statutory Requirements

As a primary academy school we must provide relationships education to all pupils as per section 34 of the Children And Social Work Act 2017.

We do not have to follow the National Curriculum but we are expected to offer all pupils a curriculum that is similar to the National Curriculum including requirements to teach science which would include the elements of sex education contained in the science curriculum.

In teaching RSE, we are required by our funding agreements to have regard to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996.

At Old Dalby C of E Primary School, we teach RSE as set out in this policy.

Relationships and Health Education are compulsory. Sex Education is non-statutory in primary except the topics covered within the science curriculum.

3. Definition of RSE

Relationships and Sex Education includes emotional, social and physical aspects of relationships, health and wellbeing.

4. Policy Development and Consultation

Developed with staff, pupils, parents and governors.

5. Curriculum Content

Our curriculum is set out in our curriculum document.

We have developed the curriculum in consultation with parents, pupils and staff, taking into account the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and don't seek answers online.

Primary sex education will focus on:

- Preparing boys and girls for the changes that adolescence brings
- How a baby is conceived and born

For more information about our curriculum, see our curriculum document.

6. Curriculum Delivery

RSE is taught within the personal, social, health and economic (PSHE) education curriculum. Biological aspects of RSE are taught within the science curriculum, and other aspects are included in religious education (RE). RSE is not taught as a discreet subject. The objectives are built into topics so that teaching occurs at an appropriate time and remains relevant to the other work being carried out in class. They will be taught along side parts of our skills ladders to contribute towards each child's personal development. This also promotes links being made and open discussion in any lesson. Elements of relationship education, such as friendship and families are brought into class teaching at every opportunity, eg when reading a class book or when comparing civilisation or culture.

Relationship education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

For more information about our RSE curriculum, see our curriculum document

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster

parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

7. Inclusion and Equality

Accessible to all pupils and compliant with the Equality Act 2010. Adaptations will be made to the curriculum delivery to ensure all children can access the core knowledge at a level appropriate to them.

8. Roles and Responsibilities

8.1 The Governing Board

The governing board will approve the RSE policy, and hold the headteacher to account for its implementation.

8.2 The Headteacher

The headteacher is responsible for ensuring that RSE is taught consistently across the school, and for managing requests to withdraw pupils from non-statutory components of RSE (see section 8).

8.3 Staff

All class teachers are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSE

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher.

8.4 Pupils

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

9. Parents' Rights

Parents do not have the right to withdraw their children from relationships and health education nor the topics taught as part of the science curriculum, including science topics relating to puberty or sexual reproduction.

Parents have the right to withdraw their children from the non-statutory components of sex education within RSE.

Requests for withdrawal should be put in writing, parents can use the form found in Appendix 3 of this policy and addressed to the headteacher.

Alternative work will be given to pupils who are withdrawn from sex education.

10. Handling Questions

11. Visitors

Checked and monitored.

12. Monitoring and Review

Reviewed every two years.

Appendix: Curriculum Mapping (PSHE Skills Ladder Alignment)

Year Group	Kind Hearts	Open Minds	Courageous Spirits
EYFS	Form relationships, kindness	Recognise feelings	Follow rules, ask for help
Year 1	Family, friendship	Hygiene, emotions	Basic safety
Year 2	Respect, kindness	Wellbeing, emotions	Boundaries, consent basics
Year 3	Friendship, conflict	Emotional regulation	Seek help, assert boundaries
Year 4	Respect differences	Healthy lifestyle	Safe vs unsafe
Year 5	Diversity	Puberty	Online safety
Year 6	Healthy relationships	Identity, equality	Safeguarding, reporting