

# Old Dalby Church of England Primary School



## Anti-Bullying Policy

Let us be concerned for one another, to help one another to show love and to do good.

Hebrews 10:24

<b>Last reviewed:</b>	September 2024
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<b>Next review due:</b>	September 2026
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**Kind hearts. Open Minds. Courageous Spirits**  
**Together, we will explore life in all its fullness.**

## **Our Vision**

Kind hearts. Open minds. Courageous spirits.  
Together, we will explore life in all its fullness.

This a promise that we, as a whole school, will educate children to be accepting, thoughtful and courageous. Our pupils will show kindness and love to everyone around them, our pupils will understand, accept and celebrate diversity, they will recognise injustices and speak up when they see them.

This will be achieved through a curriculum based on a skills progression of our eight Christian values. We will ensure that the pupils build the skills to live our values. Our curriculum will provide knowledge of historical and current events to provide our children with context and understanding of the values. Children will learn to challenge what they see as an injustice and seek to right this. They will be ambitious, have the courage of their convictions and be empathetic to others. Through working closely with the local community and church, we will provide a warm, nurturing environment to foster ambition, curiosity, spirituality and love.

“Let us be concerned for one another, to help one another to show love and to do good.”  
Hebrews 10:24

### **Statement of Intent**

Old Dalby C of E Primary School is committed to ensuring every child lives our vision through our mission statement. We are committed to providing a caring, accepting, welcoming and safe environment for all our stakeholders so that they can learn and work in a warm and secure atmosphere.

Bullying is the polar opposite of our vision, it is anti-social behaviour which can affect anyone; it will not be tolerated in our school.

### **What Is Bullying?**

Bullying is the use of deliberately hurtful behaviour repeated over a period of time. Bullying is meant to be hurtful. It can be both direct (i.e. physical and /or verbal) or indirect (i.e. social exclusion, spreading rumours).

Bullying may be unwitting but the effect on the victim remains the same

Bullying can be:

- Emotional - being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
- Physical - pushing, kicking, hitting, punching or any use of violence
- Racist - racial taunts, graffiti, gestures
- Sexual - unwanted physical contact or sexually abusive comments
- Homophobic or biphobic -because of, or focussing on the issue of sexuality
- Verbal - name-calling, sarcasm, spreading rumours, teasing

- Cyber - all areas of internet, such as email , internet chat and social networking sites (i.e. Face Book), Mobile threats by text messaging & calls. Misuse of associated technology , i.e. camera & video facilities
- Sexist or transphobic – because or, or focussing on the issue of gender

### **Signs and Symptoms**

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- doesn't want to go on the school bus
- changes their usual routine
- is unwilling to go to school (school phobic)
- becomes withdrawn anxious, or lacking in confidence
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to do poorly in school work
- comes home with clothes torn or books damaged
- has possessions which are damaged or " go missing"
- asks for money or starts stealing money.
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous & jumpy when a cyber message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.

### **Principles**

- All allegations of bullying will be carefully investigated.
- Pupils, parents and staff will be encouraged to talk openly about the issue.
- Pupils will be actively encouraged to report bullying.
- As part of the curriculum, greater understanding of bullying in all its forms will be developed.
- Children will be taught strategies to help them deal with any bullying situations they may encounter.
- Staff will respond calmly and consistently to allegations of incidences of bullying.
- The school will protect and support all parties until the issues are resolved.
- This policy applies to all members of the school community.

## **Allegations of abuse made against other children**

Staff recognise that children are capable of abusing their peers. School recognises that peer on peer abuse can take several forms and is clear that abuse will never be tolerated or passed off as “banter” or “part of growing up”.

Old Dalby C of E Primary School will support victims of abuse in line with our Safeguarding Policy and Procedures.

Sexting and up skirting is dealt with in line with Child Protection and Safeguarding Policy and Procedures.

## **Prevention**

- The whole ethos of the school is designed to provide a safe, secure ‘family atmosphere’. Examples of specific systems and practices to prevent bullying happening include;

### ***1. Curriculum approaches – direct through;***

- Core subjects, where appropriate
- RSE and PSHE
- Vision Champions
- Anti Bullying week
- Safer Internet week
- Anti – racist and anti-stereotyping curriculum
- Inclusion days

### ***2. Curriculum approaches – indirect through;***

- Recognising and celebrating diversity of achievement, identity and culture in all fields
- Reinforcing high self esteem, minimising low self esteem
- Teaching styles which challenge racist, sexist, homophobic, biphobic or transphobic remarks
- Development of Christian values through skills ladders

### ***3. Structural through***

- Sufficient supervision throughout the school day
- Play leaders and Vision Champions
- Provision of a ‘Friendship Bench’
- Home / school agreement (partnership book)
- Publicising the policy
- Zero-tolerance from staff

## **Implementation**

1. If bullying is reported or suspected the incident will be dealt with immediately by the member of staff who has been approached. They will also make the Headteacher aware.

2. If bullying persists or is deemed serious it will be referred to the Headteacher who will gather evidence and a clear account of the incidents which will be recorded and retained.
3. Perpetrators of bullying will be dealt with in line with Behaviour Policy.
4. In serious cases, parents will be informed and will be asked to discuss the problem.
5. In the case of racist, sexist, homophobic, biphobic or transphobic bullying, an anonymous report is also made to governors.

### **Strategy**

#### **Tell**

If you are being bullied **TELL** a teacher, **TELL** an adult, **TELL** a friend, **TELL** your family, **TELL** and keep **TELLING** until you are listened to.

## **Notes from pupil group work;**

### **What is your definition of bullying?**

- *Where you are bullied every day e.g. name calling, teasing, bossing people about.*
- *Constantly picking on them everyday*
- *When someone is nasty to you constantly.*
- *Where someone constantly is mean to you and teases you or hurts your feelings.*
- *Constantly doing something mean.*
- *Something that's consistent and mean, e.g. verbal abuse.*
- *Is someone who lowers your self esteem and confidence?*
- *A bully makes you feel bad about yourself and lack self esteem.*
- *Someone who is constantly picking on someone else and is hurting their feelings*
- *Someone who is not confident in themselves and picks on someone else that looks weak to make themselves feel powerful by making the other persons self esteem go down.*

### **What 3 rights should everyone have when they come to school?**

- *Confidence, Self-esteem, Feel safe*
- *Feeling safe, Feeling ready to learn and to have fun learning*
- *Confidence, Support, Friends*
- *Safety, Respect, Kindness*
- *Respect, safety,, confidence*
- *Confidence, self esteem, Happiness*
- *To have someone to talk to. To be able to feel safe, To have someone to play with*
- *Being able to speak to people we trust. To have trustworthy and loyal friends. To be able to be happy during lessons and playtimes.*
- *Safety all around school to and from school. To be ok with sharing problems with members of school staff and friends. To be able to share our thoughts and feelings*
- *To be part of our community, To be recognised by everyone, to be safe*

### **What support strategies should be available to people who think they are being bullied**

- *Teacher to talk to. A friend, Headteacher*
- *Teacher to talk to bully, Friends to help you*
- *Speak to a teacher, friends to talk to.*
- *Teachers, Grown ups/adults, friends, relatives, family*
- *Teachers, parents, friends*
- *A person that they can go to in school for help.*
- *An adult in school*
- *A bench where people can make new friends*
- *Anti bullying session to tell people how to deal with bully's' e.g. be confident*

### **What 3 consequences should be put in place for people who bully others?**

- *Expulsion Suspension Miss breaks*
- *To not have their break time, extra homework, letter to parents*
- *No friends! In trouble with teachers, no support*
- *Teacher to have a private talk with them, letter to parents*

- Make them go through a school court room, Make them help the school cleaner
- 5 weeks play time detentions
- A room where bullies can sit and calm down and where an adult can talk to the bully and understand them. The victim can talk to an adult to understand how the victim feels.
- Tidy the classrooms, litter pick, listen to how the victim feels.
- Show the bully respect so you can find out why they did it. Make the bully talk to their victim.



