

Old Dalby Church of England Primary School



Physical Education Policy

Approved by:	Teaching Staff
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Next review due by:	September 2025
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**Kind hearts. Open Minds. Courageous Spirits
Together, we will explore life in all its fullness.**

Our Vision

Kind hearts. Open minds. Courageous spirits.
Together, we will explore life in all its fullness.

This a promise that we, as a whole school, will educate children to be accepting, thoughtful and courageous. Our pupils will show kindness and love to everyone around them, our pupils will understand, accept and celebrate diversity, they will recognise injustices and speak up when they see them.

This will be achieved through a curriculum based on a skills progression of our eight Christian values. We will ensure that the pupils build the skills to live our values. Our curriculum will provide knowledge of historical and current events to provide our children with context and understanding of the values. Children will learn to challenge what they see as an injustice and seek to right this. They will be ambitious, have the courage of their convictions and be empathetic to others. Through working closely with the local community and church, we will provide a warm, nurturing environment to foster ambition, curiosity, spirituality and love.

“Let us be concerned for one another, to help one another to show love and to do good.”

Hebrews 10:24

This policy is carried out within the context and spirit of the school’s vision and mission statement. It supports and reinforces the aims of Old Dalby C of E Primary School, valuing all children equally whilst ensuring all children achieve their potential.

We ensure that our school:

- Motivates each child so that they develop intellectually, spiritually physically and morally, within a secure and happy working environment
- Challenges children to stand up and speak out when they see injustice
- Provides work within a broad curriculum to develop lively, open and enquiring minds
- Helps children to acquire knowledge and skills relevant to their needs, laying the foundation for the next phase of their education
- Develops an awareness of self, sensitivity to others and acceptance (not tolerance)
- Offers equal opportunities to all pupils throughout the curriculum
- Increases the children’s understanding of, and concern for, the environment and the wider world
- Identifies and monitors the progress of all pupils, ensuring that all children are enabled to achieve their full potential
- Supports the children in their development of morals and Christian values
- Facilitates the development of independent, motivated learners
- Provides a caring and friendly atmosphere, which fosters respect for each other and individual responsibility.

Let us be concerned for one another, to help one another to show love and to do good.

Hebrews 10:24

Physical Education (PE) at Old Dalby aims to develop and celebrate the knowledge, skills and capabilities of our children, so they can perform with increasing competence in a range of physical activities. We aim to promote key skills in physical development, social and emotional development, cognitive development and spiritual, moral and cultural development through an accessible PE curriculum for all children.

Intent

At Old Dalby, we want all children to participate in, enjoy and excel in competitive and recreational sport. All children will be provided with the opportunities to learn, improve and compete in a range of sports and activities to improve their health and fitness and self-confidence. Through a high-quality physical education programme, the school aims to enable pupils to become successful learners, confident individuals and responsible citizens who develop as independent enquirers, creative thinkers, reflective learners, term workers, self-managers and competitive participators.

Implementation

Our school's long term plan for PE allows our sports coach to execute high quality PE lessons. Children have access to all components of the National Curriculum programmes of study, which include dance, gymnastics, athletics and games in Key Stage 1 and with the addition of swimming and OAA at Key Stage 2.

Pupils in EYFS, Key Stage 1 and Key Stage 2 engage in two hours of high-quality PE during the course of each week. A realistic attempt is made for all children to achieve the expected levels of performance as set out in the National Curriculum descriptors. In PE, we try to develop the recall and recognition schema to develop knowledge and performance in sport and exercise.

The planning and the delivery of each unit of work will ensure that each pupil will have the opportunity to:

- Acquire and develop new skills
- Select and apply appropriate skills, tactics and compositional ideas
- Evaluate their own and others' performance in order to improve
- Gain knowledge and understanding of how PE and sport contributes to staying physically, mentally and emotionally healthy
- Experience a range of roles such as performer and leader in an activity
- Planning will provide opportunities to link with other areas of the curriculum e.g. English, Maths and PSHCE

All children also have access to sporting extra-curricular clubs throughout the year and are encouraged to develop their sports skills by attending these.

Impact

The intended impact of our curriculum is to provide children with positive experiences in sport to promote a healthy and physical life for now and the future. We ensure our curriculum is progressive and allows children to develop fundamental skills and apply them to a range of sports and activities, continually building on their schema. They are provided with the skills to plan, perform and evaluate their performances, often in pairs and small groups helping develop their communication skills and develop the quality and effectiveness of their work. Children are provided with opportunities to participate in a wide range of sport and exercise to enhance their experiences in physical activity. Children develop an in-depth subject specific vocabulary through high-quality teaching and experiences.

Assessment

Assessment judgements are informed by a pupil's progress against the objectives laid down in the school's curriculum document. We appreciate that in EYFS and Key Stage 1 the children will have a smaller general knowledge base to draw upon and in key stage 2 we will then expect to see them making more links to prior knowledge, comparing and contrasting as well as evaluating what they have learned.

Teachers will make a judgement of WTS (working towards the expected standard), EXP (Working at the expected standard) or GDS (working at greater depth). Judgements can be based on written work, formal and informal observations, and discussion.

Monitoring

Unit plans, knowledge organisers and medium term plans are monitored by SLT with responsibility for the curriculum. Curriculum coverage is included in the termly curriculum catch up conversations.

Community

Old Dalby C of E Primary School is proud of our community links, with the value woven through our curriculum. When possible, we like to invite members of our local community to share their experiences and knowledge by visiting classes.

Cultural Capital

The children will learn about areas specific to PE such as functional skills, invasion games, gymnastics, dance, swimming and striking and fielding games. In addition, they will also have the opportunity to attend sporting events and work with specialist coaches.